



THIS WEEK'S MENU

WEEK COMMENCING
4 FEBRUARY 2019



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY WRAP BAR DAY	FRIDAY
MAIN MEAL	GARLIC & ROSEMARY ROASTED CHICKEN	CLASSIC BEEF LASAGNE	HONEY & MUSTARD GLAZED GAMMON	SOUTHERN BAKED CHICKEN BEEF STRIPS FALAFEL WHOLEMEAL WRAPS SALAD SELECTION OF SAUCES	CRISPY BATTERED FISH WITH TARTAR SAUCE
VEGETARIAN	SPICY BEAN BURGER	QUORN LASAGNE	ROASTED SQUASH RISOTTO		CHEESE & POTATO PIE
POTATOES/RICE/PASTA	LYONNAISE POTATOES	GARLIC BREAD	ROAST POTATOES	POTATO WEDGES	STEAK CUT CHIPS
VEGETABLES	GREEN BEANS	BROCCOLI	MEDLEY OF SEASONAL VEGETABLES	BAKED BEANS	GARDEN PEAS
JACKET POTATO	JACKET POTATOES SERVED WITH A CHOICE OF TUNA, CHEESE & HOT JACKET FILLING OF THE DAY				
SALAD BAR	A SELECTION OF SEASONAL SALADS AVAILABLE ON THE JACKET POTATO BAR				
FRUIT	DAILY SELECTION OF YOGHURT, FRESH SLICED FRUITS OR CHEESE & BISCUITS				
DESSERT	LEOPARD SPONGE WITH CHOCOLATE SAUCE	CARROT & APPLE MUFFINS	BANANA & RAISIN FLAPJACK	STRAWBERRY ANGEL DELIGHT	SHORTBREAD BISCUITS